



## **The Athena Leadership Recovery System™**

A four-step high-impact methodology for stabilizing performance, rebuilding trust, and restoring leadership effectiveness.

### **STEP 1 — DIAGNOSE: Athena Leadership Recovery Assessment™**

See the truth clearly. A comprehensive diagnostic uncovering root causes, risks, and the conditions required for successful leadership recovery.

### **STEP 2 — STABILIZE: Athena Leadership Recovery Sprint™**

Transform behaviours in 90 days. An intensive, high-touch intervention for women executives navigating pivotal challenges and reputational risk.

### **STEP 3 — INTEGRATE: Athena Leadership Recovery Compass™**

Stay aligned and prevent regression. This guided phase reinforces new behaviours and strengthens confidence so changes stick.

### **STEP 4 — SUSTAIN: Athena Leadership Recovery Toolkit™**

Apply the new leadership model in real-world contexts. Personalized tools, scripts, templates, and strategies that sustain long-term success.

