



The Athena Leadership Recovery System™

A four-step high-impact methodology for stabilizing performance, rebuilding trust, and restoring leadership effectiveness.

STEP 1 — DIAGNOSTIC: Athena Leadership Recovery Assessment™

See the truth clearly. A comprehensive diagnostic uncovering root causes, risks, and the conditions required for successful leadership recovery.

STEP 2 — INTERVENTION: Athena Leadership Recovery Sprint™

Transform behaviours in 90 days. An intensive, high-touch intervention for women executives navigating pivotal challenges and reputational risk.

STEP 3 — INTEGRATION: Athena Leadership Recovery Compass™

Stay aligned and prevent regression. This guided phase reinforces new behaviours and strengthens confidence so changes stick.

STEP 4 — APPLICATION: Athena Leadership Recovery Toolkit™

Apply the new leadership model in real-world contexts. Personalized tools, scripts, templates, and strategies that sustain long-term success.

