



# *Unleashing Greatness*

## *With Myers-Briggs Personality Profiling*

Learn the core elements associated with your own personality and of those around you. Increase your happiness and success as you navigate through the everyday pressures and potholes of life and leadership.

Understanding key differences in people can help you motivate team members, reduce conflict and more effectively manage change. By understanding the powerful dynamics at play between people's personalities, you can make an incredible impact as a leader who values the differences and diversity in people. You can then leverage their talents in an absolutely brilliant way.

### **Key Learning Points:**

- Help your team (and yourself) reduce resistance to change and get buy-in sooner
- Understand how personality is linked to people's ability to deal with conflict
- Discover what makes you and others tick
- Improve relationships exponentially and create a network designed to help you succeed
- Learn how stress and personality are linked and how it affects performance

As a leader, use your knowledge of personality to help you build a stronger and more collaborative team. Capture the benefits of positive synergy as your group develops into a self-managing, high-performing team.

Dawn Frail inspires leaders to build trust and loyalty so their teams will increase productivity and deliver higher bottom-line profits. She helps leaders and organizations achieve dynamic these results by creating a powerful leadership team – from the inside out. Timeless wisdom is brought to life through interactive workshops, seminars and keynotes. Dawn is a professional speaker, trainer and mentor known for her '*refreshing boldness*' as she delivers a powerful and much needed message in business today.